

Volunteer Positions



MINISTRY	TIME COMMITMENTS
PEER COUNSELING REQUIRES 101, 201 & 301 TRAINING	2-4 hours, once a week <ul style="list-style-type: none"> • Morning Monday – Friday (<u>not</u> Wednesday) 9:15 am – 12:00 pm • Afternoon Monday through Thursday 1:00 pm – 5:30 pm • Evening Monday & Thursday 6:00 pm - -8:00 pm
FRONT DESK REQUIRES 101 & 201 TRAINING	2-4 hours, once a week - time commitment similar to day counseling
HANNAH’S CLOSET REQUIRES 101 & 201 TRAINING	Once a week, regular hours
CLASSES – CHILDBIRTH AND PARENTING REQUIRES 101 & 201 TRAINING	Teach a class that meets for two hours once a week for six weeks, twice a year
PALS (PARTNERS AFFIRMING LIFE) REQUIRES 101 & 201 TRAINING	Talk to Client each week by phone, email, or in person and attend quarterly PALS meeting
PRAYER TEAM REQUIRES 101 TRAINING	Receive prayer requests via email.
CHURCH LIAISON REQUIRES 101 TRAINING	On an as needed basis
LIFEGUARD REQUIRES 101 TRAINING & INDIVIDUAL TRAINING/OBSERVATION	Educators: Time (about 5 hrs/month)during school hours during school terms and attend LifeGuard training once a year
LIFECCHANGE REQUIRES 101 TRAINING & INDIVIDUAL TRAINING/OBSERVATION	Small Group Bible Study Leader: ten week commitment - usually one evening a week



Volunteer Opportunities

WEEKLY OR PERIODIC TIME COMMITMENT:

- **Peer Counselors** meet with clients to administer pregnancy tests, offer options counseling, and support services.
- **Receptionist / Administrative Support** greets clients and visitors, answers phones, and assists with administrative duties.
- **PALS** (Partners in Affirming Life) are volunteers who mentor clients during their pregnancy by contacting her on a regular basis to give emotional and spiritual support.
- **Hannah's Closet** provides maternity and baby clothes and infant items to clients in need.
- **Childbirth & Parenting Classes** prepare clients for labor and delivery, and present information to clients on how to be a loving parent.
- **Administrative Assistants** help staff with daily duties ranging from data entry to filing. (No client contact)
- **Cleaning Team** handles bi-monthly cleaning of pregnancy center.
- **LifeChange** is a Biblically-based program that ministers to women who are suffering emotionally from past abortion(s) – volunteers lead the Bible study and support the women attending as they are led through the healing process of God's forgiveness and love. Individual counseling available for men. Small group Bible studies are also available for men and women who have been sexually abused.
- **LifeGuard** is a character-based sex education program emphasizing benefits of abstinence until marriage and educating students on how to establish healthy relationship skills – volunteers present the information in local schools and conduct workshops for parents.

LIMITED TIME COMMITMENT:

- **Church Liaison** acts as an ambassador within your church by bringing awareness of the ministry of Austin LifeCare, its upcoming events, and volunteer opportunities to church leaders and the congregation.
- **Lawn Maintenance** provides bi-weekly upkeep on the existing lawn and shrubs. (Volunteer must provide lawn mower/tools.)
- **Building Maintenance** provides monthly general upkeep on our building.

SPECIAL PROJECTS:

- **Sponsor a Clothing Drive** focused on maternity clothes and infant/baby clothing (up to 24 months).
- **Organize a Church/Multi-Family Garage Sale** and designate the proceeds to Hannah's Closet.
- **Host a Baby Shower** for Hannah's Closet which provides our clients with maternity and baby clothes, diapers, and baby toiletries. An Austin LifeCare Speaker is available to do a brief presentation.
- **Coordinate a Baby Bottle Campaign** and distribute baby bottles to your congregation to fill with money to provide for the needs of expectant mothers and their babies. Collect bottles and return them to Austin LifeCare.
- **Host a Christmas Giving Tree** at your church where your congregation can select an item to purchase and donate to Hannah's Closet.

OCCASIONAL OPPORTUNITIES:

- Help with mail-outs, correspondence, development projects.
- Assist in preparing and hosting an Austin LifeCare Open House and Tour.
- Help with fundraising events.

A JOB FOR EVERYONE:

- **Prayer, the foundation of this ministry.** Please join us in praying for our clients, our volunteers, staff and board. Would you like weekly prayer updates? Email info@austinflifecare.com